

How's Your Heart?

Series: 1 John - Mercy Road Church

Pastor Mike Lotzer – Sunday July 17, 2022

Text: 1 John 3:19-24

Followers of Jesus have ups and downs when it comes to the condition of our hearts. Sometimes we get stuck in sin and self-doubt. At other times, it feels like we are so in sync with God's desires He provides whatever we ask. Today we pose the question, 'How is my heart?'

¹⁹ This is how we know that we belong to the truth and how we set our hearts at rest in his presence: ²⁰ If our hearts condemn us, we know that God is greater than our hearts, and he knows everything. ²¹ Dear friends, if our hearts do not condemn us, we have confidence before God ²² and receive from him anything we ask, because we keep his commands and do what pleases him.

1. **Performance will never lead to assurance**—only cycles of **self-doubt** and **pride**. (3:19-20a)
2. Not sure if you're still God's child? **Remember who your Father is!** (3:20)
3. When we are in sync with the Father (by trusting and loving), **we ask for what He wants to give**. (3:19-21)

Application:

Are you looking to your feelings and performance for assurance with God? Look at Him more than you.

Do you want to ask for what God wants to give you? Stay in sync with your Father, by trusting and loving.